

Leaders of Today and Tomorrow - Fellowship Application

Please complete the application to be considered for admission into either track of the 2026 Leaders of Today and Tomorrow (LOTT) Fellowship. If you have any questions, please email program@wearelott.org.

* Indicates required question

1. Email *

Personal Information

2. First & Last Name *

3. Preferred Name (optional)

4. Personal Pronouns (she/her, they/them, etc.) *

5. Company/Organization

6. Job Title

7. Mailing Address (Street, City, State, ZIP)

8. Preferred Phone *

9. How did you hear about the LOTT Fellowship?

Check all that apply.

☐ Word of Mouth

☐ Website

☐ Email

☐ Facebook

☐ Instagram

☐ LinkedIn

☐ Employer

☐ Other:

Personal Information cont'd

The following information is used to help ensure that LOTT selects a diverse and well-rounded cohort. It will NOT be used in determining eligibility to participate.

10. Race/Ethnicity *

11. Age *

12. Highest Level of Education Completed *

Check all that apply.

☐ High School/GED

☐ 2yr Degree

☐ 4yr Degree

☐ Master's

☐ Other:

13. Total years of work experience (cumulative, approximate is fine):

14. Transportation Stipend *

We strive to support leaders by removing barriers that prevent participation.  Dropdown
Please indicate whether or not you need transportation stipend to participate in the LOTT Fellowship.

Mark only one oval.

☐ No

☐ Yes

☐ Maybe/Unsure

15. Childcare Stipend *

We strive to support leaders by removing barriers that prevent participation. Please indicate whether or not you need childcare stipend to participate in the LOTT Fellowship.  Dropdown

Mark only one oval.

- ☐ No
- ☐ Yes
- ☐ Maybe/Unsure

16. Dietary Restrictions *

During in-person LOTT Fellowship sessions, meals may be provided. Please indicate any dietary restrictions to ensure your needs are met.

Check all that apply.

- ☐ Vegetarian
- ☐ Vegan
- ☐ Kosher
- ☐ Halal
- ☐ Gluten-free
- ☐ None
- ☐ Other: _____

17. Accessibility Needs

In the space below indicate any other accommodations you may need to support your participation in LOTT.

Application Questions

For each question please respond in 250 characters or less.

Please read the following description of the Fellowship before proceeding:

The Leaders of Today and Tomorrow (LOTT) Fellows Program inspires women to lead with confidence. The next fellowship will take place January 2026-June 2026 and will include one-on-one mentoring, leadership workshops, networking opportunities, and a capstone project. In 2026, there will be two fellowship track options, each with a different focus. You will be able to express your track preference in the application.

The Early Career Track is designed for individuals early in their career (about 2-5 years of work experience) who are looking for general guidance on leadership and career growth. Participants may be looking to develop their personal brand, expand their network, practice self-advocacy and confidence in the workplace, step into new leadership roles, determine their leadership style, or learn new strategies for navigating workplace dynamics and relationships. This track will take place primarily **in-person** in the Twin Cities area.

The Mid-level Career Track is designed for individuals with about 4-10 years of work experience who are seeking to advance in their current careers or are considering a career shift. Participants may be looking to step into higher leadership roles, refine their leadership style, learn work/life integration strategies, discern if a graduate degree is the best next step, or explore new industries where they can leverage their skills and experience. This track is primarily **virtual** for flexible participation. You do not need to have completed the Early Career Track to join the Mid-level Career Track.

The goals of both tracks are to:

1. Foster leadership development
2. Cultivate Career Goals
3. Promote Collaborative Learning and Diversity.

Fellows in both tracks will be paired with a Mentor. Mentors are experienced professionals tied to the LOTT network who can provide industry-specific knowledge or general career counseling during the Fellowship.

18. Which track are you most interested in? *

Mark only one oval.

- ☐ Early Career Track
- ☐ Mid-Level Career Track
- ☐ Not sure

19. Describe your leadership journey thus far. *

20. What beliefs or attitudes shape the way you learn new things? *

21. What are you specifically looking to gain from this fellowship? (select top 2 choices) *

Check all that apply.

- ☐ Career Promotion
- ☐ Considering changing careers and looking for guidance
- ☐ Networking/Building Community
- ☐ Leadership skills to use outside of work
- ☐ Want to become a manager or manage more people
- ☐ Build confidence and professional skills
- ☐ Other: _____

22. Are there any challenges or obstacles you have faced that have impacted your career satisfaction? *

23. What do you hope to accomplish through your relationship with a mentor? *

24. Select the topics you would be interested in learning about during the fellowship (choose all that apply): *

Check all that apply.

- ☐ Resume writing tips
- ☐ Leadership styles
- ☐ Leadership coaching (team building, self-leadership)
- ☐ Conflict resolution
- ☐ Salary and benefit negotiation
- ☐ Career transition tips
- ☐ Setting short- and long-term professional goals
- ☐ Wellbeing/Resilience
- ☐ Other: _____

25. Both tracks will be held on the following dates. Do you foresee any conflicts with these dates? *

- Saturday, January 10, 2026 - Workshop 1
 - Saturday, February 7, 2026 - Workshop 2
 - Saturday, March 7, 2026 - Workshop 3
 - Saturday, April 11, 2026 - Workshop 4
 - Saturday, May 9, 2026 - Workshop 5
 - Saturday, June 13, 2026 - Graduation Networking Event
- _____

26. We ask for about 10 hours total time commitment per month. Fellows spend 3-4 hours at each workshop and 4-5 hours on work outside workshops or with their mentors. Are you able to commit to this expectation? *

Mark only one oval.

- ☐ Yes
- ☐ No

27. If you have questions or comments about the requirements, let us know.

Thank You for Applying!

Thank you for submitting your application. Fellow Interviews will take place in early November. The final LOTT cohort will be decided in the late fall of 2025. In the meantime, if you have any questions please email program@wearelott.org. **Please hit the "submit" button below to finalize and send in your application.**

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